



PELVIC FLOOR TALKS

INTERNATIONAL CONFERENCE ON OBSTRUCTIVE DEFECATION SYNDROME

6th December 2023

Hospital de Braga / Braga – Portugal

Organized by: Colorectal Unity, Department of General Surgery, Hospital de Braga, Portugal

President: Joaquim Costa Pereira

Honorary President: Guan-gen Yang

It is our pleasure to invite you to Braga for the Pelvic Floor Talks, International Meeting of Colorectal Surgery on obstructed defecation with an international faculty of experts. We will hold the meeting at Braga Hospital on the 6th of December 2023, with the pre- and post-meeting workshops taking place on the 5th and 7th.

The following topics/discussions will be covered over the meeting:

Pathophysiology of obstructed defecation.

How to interview and observe patients?

Testing requirements.

What is the role of nonoperative treatment?

Operation on whom is appropriate.

What is the best way to select a surgical technique?

Local Faculty

Miguel Mascarenhas Saraiva (Porto)
Joaquim Costa Pereira (Braga)
Sandra Martins (Braga)
Carlos Pereira (Braga)
Nuno Vilela (Braga)
Fernanda Nogueira (Braga)
Olga Oliveira (Braga)
Jorge Costa (Feira)
Susana Costa (Penafiel)
Manuel Ferreira (Braga)
Isabel Marques (Braga)
Ana Isabel Guerreiro (Braga)
Ana Pacheco (Penafiel)
Clara Ferreira (Penafiel)

International Faculty

Guan-gen Yang (Hangzhou-China)
Jian-ming Qiu (Hangzhou-China)
Liliana Bordeianou (USA)
Margarita Murphy (USA)
Sérgio Regadas (Brazil)
Sthela Regadas (Brazil)
Lucia Oliveira (Brazil)
Jorge Ortiz (Brazil)
António Longo (Italy)
André D'Houré (Belgium)
Alfredo Estevez (Spain)
Mark Gladman (UK)
Jean-Jaques Tuech (France)
Malik Tekkal (Morocco)
Narimantas Samalavicius (Lithuania)





Scientific Program

5th December 2023 14:00-18:00

Workshop on pelvic floor rehabilitation in ODS: Approach to the patient with obstructed defecation, role of pelvic floor rehabilitation.

6th December 2023 08:00-19:00

Conference Programme

08:00 reception to delegates and faculty

08:30-11:00 Session 1

- Pathophysiology of obstructed defecation
- The interview with the patient and physical examination
- Symptoms and anatomic abnormalities
- What are the diagnostic tools I need?
- The real impact of diagnostic tools
- MRI Defecography, how to read it?
- Scores and QOL are important?
- Proposal of a protocol for the first appointment
- Round table on this topics, expert opinions
- Q & A

11:00 - 11:15 Coffee

11:15 - 13:15 - Session 2

- Descending perineum syndrome and rectocele- from diagnosis to treatment
- Rectocele my approach
- Trans abdominal
- Trans perineal
- Trans vaginal
- Trans rectal
- Anterior compartment prolapse
- Q & A

13:15 - 14:00 Lunch

14:00 - 14:20 Opening Ceremony

14:20 - 16:30 Session 3

- Pelvic organs pexy, posterior or anterolateral?
- My approach to Rectal Prolapse
- My technique is better
- Critical appraisal of surgery for rectal prolapse and obstructed defecation
- Endometriosis and obstructed defecation
- Rehabilitation, when and how

16:30 - 17:00 Coffee Break

17:00 - 19:00 Session 4

- Round table and open discussion

7th December 14:00-18:00

Workshop on Sacral Nerve Stimulation, hands on with models (dry lab). This workshop is intended for surgeons and its purpose is to provide them with knowledge and skills about SNS. The program will cover indications, technique, follow-up, complications, and results. As part of the Workshop, participants will be able to practice inserting needles and wires on dry models to learn the correct procedure.





INTERNATIONAL SOCIETY OF UNIVERSITY COLON AND RECTAL SURGEONS

Registration

Date	Workshop/Conference	Active ISUCRS Fellow/member	Non-Active ISUCRS Fellow/member
5 th December 2023	Workshop on pelvic floor rehabilitation in ODS	25 Euros	50 Euros
6 th December 2023	Main conference	50 Euros	100 Euros
7 th December 2023	Workshop on Sacral Nerve Stimulation, hands on with models (dry lab)	25 Euros	50 Euros

Come and meet an amazing team of experts, see you at Braga, Portugal this December 2023.

To register please click [HERE](#)

Joaquim Costa Pereira
President of the Pelvic Floor Talks

Contact

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